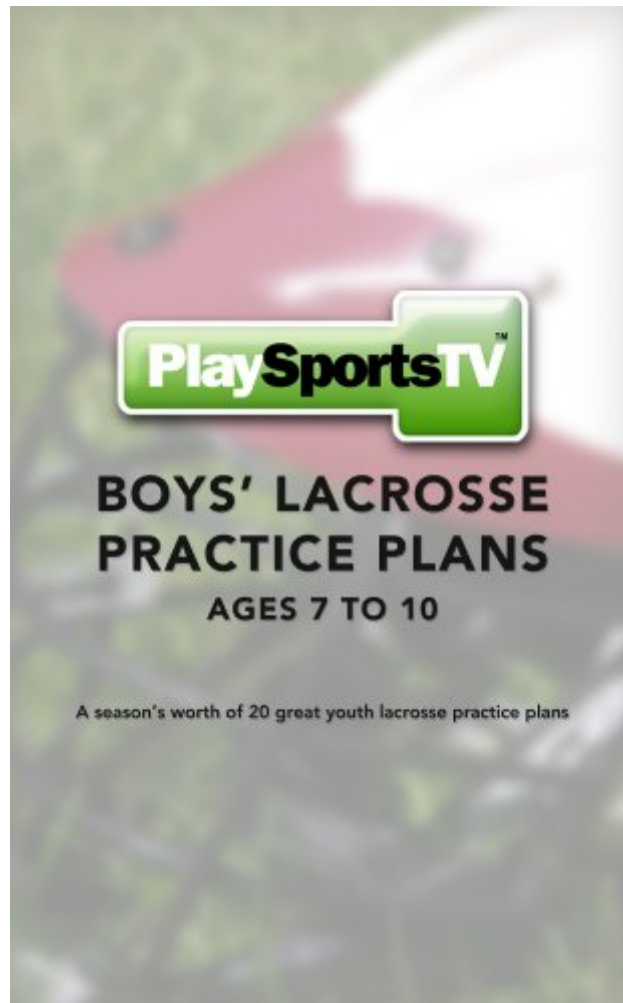


The book was found

# Boysâ€™™ Lacrosse Practice Plans: Ages 7-10



## Synopsis

Coach Mike Leveille presents 20 ninety minute practice plans full of youth lacrosse drills, skills and coaching tips developed for beginner and intermediate lacrosse players. Each practice plan focuses on a new skill and there are plenty of topics and team building activities throughout. The plans provide an entire season worth of essential lacrosse skills â “ scooping, cradling, passing, shooting, dodging, and situational play â “ that young players need to master, all delivered in an easy-to-follow, time-specific format.

## Book Information

File Size: 304 KB

Print Length: 73 pages

Publisher: PlaySportsTV (January 24, 2012)

Publication Date: January 24, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B0071PO35K

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #968,335 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #20

inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Other Team Sports > Lacrosse #70

inÂ Books > Sports & Outdoors > Other Team Sports > Lacrosse #1096 inÂ Kindle Store > Kindle

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